Newsletter

September 2023

From Our Co-Presidents

(Editors note: As noted in our membership renewal letter, we are delighted that **Melissa Feinberg** *has joined current President Carol Schlein as part of our Co-President Team. As a MWC board member for six years, Melissa is well known by many of you for her excellent programs and events. Melissa will continue her impactful programs while also continuing to nurture MWC's sense of community, connection and fun.)*

We hope you are enjoying the summer's last days! We've been busy working behind the scenes, gearing up for our 2023-2024 club year with an exciting schedule of speakers, programs, collaborations, community events, swaps and more! We can't wait! Indeed, while our printed yearbook is in production and our bi-weekly Friday programs will start in October, we are sending this special late-summer newsletter with some especially exiting events to have on your radar now. We encourage you to:

1. **Renew your membership if you've not already,** so we can include you in this year's yearbook which is in the works! See directions below for details.

2. **SAVE THE DATE** for our **New/Prospective Members Wine and Cheese Open House** on **September 20th** and **INVITE A FRIEND OR TWO** who you believe would benefit from the connection and community MWC is known for. Who can you forward this email to and invite?

3. **JOIN TEAM MWC** on Saturday, September 30th as we march again with S.O.F.I.A to 18th **Annual Walk Against Domestic Violence** from 9pm-1pm at Canterbury Park. See details below and email Team Captain Carol Schlein at carolschlein@yahoo.com to join our team and/or donate to support S.O.F.I.A. here (choose S.O.F.I.A. from drop-down menu).

4. Pick up **Ikigai: The Japanese Secret to a Long and Happy Life** for our first-ever **Happy Hour Book Club**, hosted by member Mona Jha on Sept 27th. See below for the first book! All are welcome.

5. Get ready for the next **Montclair Community SWAP**, whether you are bringing items for the swap, volunteering, and/or want to come "shop". See details below and more info to come via e-blast.

We've got a great year ahead of us, so note these dates on your calendar then go have a wonderful Labor Day Weekend. We look forward to seeing you soon and kicking off a new club year of community and connection!

Carol Schlein and Melissa Feinberg
MWC Co-Presidents

Renew Your Membership Today!

If you haven't renewed your membership yet, you can do this easily online NOW with two easy steps-so you can be included our Member Yearbook:
1. Click here to fill in our online membership form. If you prefer the paper form, you can get it here.
2. Pay your dues either by mail (send your $75 check to MWC at 82 Union Street, Montclair NJ 07042) or pay by credit card on-line using this link. When you click on that link, please enter the $75 (or more if you want to make an additional donation) and then select Club Membership from the drop-down list. We hope you will also check the box below to cover the merchant account fees.

Thank you!!

Mark Your Calendars to JOIN US in September!

As a reminder, **please RSVP at the included links for our MWC programs**. All programs are free for MWC members, unless indicated otherwise. For non-members, we recommend a $10 donation.

New and Prospective Members Open House Wine and Cheese

Wednesday, September 20, 6:30 pm – 8:30 pm.
RSVP here
For new/prospective members: Come explore the historic dutchkuss building which was built specifically to house the Montclair Women's Club, a few years after it was founded in 1915. While there has obviously been tremendous change in women's lives in the more than hundred years since it was founded, the club is committed to finding ways to harness this fabulous downtown space to benefit women and the greater community. Join us for a glass of wine, meet some club officers and learn about what programs will be offered this year, the benefits of membership and how to get involved and help shape a club that meets the needs of women today.
For current members: Please come if you'd like to share the joys of the club with prospective members or if you are relatively new to the club and would like to learn more. And, please, **spread the word** to anyone you think might be interested in joining or just learning more about the club!
This event is free to all. Again, please RSVP here to let us know you are coming!

MWC Happy Hour Book Club: Ikigai -The Japanese Secret to a Long and Happy Life
Wednesday, September 27, 6:30-8
RSVP here
New to MWC this year will a series of Happy Hour Book Clubs! Come Check it Out!

Come in September for a discussion of the international bestseller, *Ikigai – The Japanese Secret to a Long and Happy Life*, by Hector Garcia and Francesc Miralles, moderated by club member Mona Jha. What better way to enjoy a happy hour than by discussing happiness and what it means for us? Ikigai, "the happiness of always being busy" seemingly explains the longevity of Japanese people. What is your Ikigai? We invite you to read Ikigai for a thought provoking and fun evening! Come if you've read the book, whether you have finished it or not, and join us for some cards and conversation!! Please RSVP here.

Join Team MWC at the S.O.F.I.A. 18th Annual Walk Against Domestic Violence

Saturday, Sept. 30, 9:00 am – 1:30 pm, Canterbury Park, Canterbury Drive, Montclair
Short Out Fresh Intervention Advocates (kindly referred to as S.O.F.I.A.) is a local nonprofit organization that provides advocacy, supportive services, and referrals for temporary housing to "at risk" women and children of domestic violence, with a mission to provide domestic violence survivors and survivors with assistance and encourage them to be positive, self-sufficient and successful. This is MWC's fourth year participating with a team at their annual walk in Canterbury Park! Won't you **join our team** and/or **donate**? Suggested donation for walkers is $20. You can either mail a donation to the Club (please indicate it is for S.O.F.I.A.) or use this link to donate, choosing S.O.F.I.A. in the drop-down menu. To join our team, please email Carol (carolschlein@yahoo.com) so she can add you to our registration form. We would love to have a good showing from our club members to support this important sister organization! It doesn't matter how far you walk but it is inspiring to be among people as part of this supportive and celebratory event.

Montclair Community Swap

To Donate: Friday Sept. 29th 4pm-6:30pm
To "Shop" for free: Saturday Sept. 30th 9am-1 1am

MWC will once again host the Montclair Community Swap, a terrific community and environmental initiative. Here is how you can support the swap:

- DONATE clothing for adults, children and babies, shoes and boots, small household items, games, toys and puzzles. The Swap CANNOT take hangers, large pieces of furniture, hangers, stuffed animals, books, games, toys, bikes, CD's, DVDs, sports equipment, baby equipment, and any large items. Also items must be clean and in good condition—something that you would want to wear or use. Donations can be dropped off at the Club House FRIDAY 5/29, 4-6:30pm.
- SPREAD THE WORD to friends, relatives, neighbors, coworkers, etc. Feel free to forward this information to them.
- VOLUNTEER to help on Friday or Saturday (contact montclairswap@gmail.com).
- COME AND TAKE anything you want. ALL FOR FREE! Saturday 9/30, 9-1 1am.

Questions? Contact montclairswap@gmail.com.

Serving the Community

Congratulations to new member Nancy Lou of Dumping Dictionary establishing a new **Pay It Forward Cafe** at Montclair's Salvation Army, operating the 3rd Thursday of each month, with volunteer opportunities on the Wednesday and **Thursdays. Interested in getting involved?** Register for a September shift here and let Community Service Chair Jeanne Scott know at scottfamily4@gmail.com. If there is interest, Jeanne may look at blocking off future dates for MWC members to gather and volunteer together.

Membership Corner

Welcome to the following new members to our club-**Ellie Bagli**, **Elise Pereira**, **Sarah Wolman**, **Rebecca Bien Kelly**, **Susan (Sue) Lamarche** and a welcome back to **Jacqueline Ballargeon**, please introduce yourself to them at our events and help them feel welcome!

Happy birthday to our summer birthdays as well as those celebrating this month: **Trestle Becker** (June 13), **Linda Blum** (June 7), **Phyllis Caprioli** (Sept. 6), **Pat Cass** (Aug. 21), **Ola Cedrauko** (June 2), **Fran DeFrisko-Said** (Aug. 27), **Lora Freier** (June 28), **Lou Iozzi** (June 1), **Maggie Jurdenson** (7/30), **Sue Lamarche** (Sept. 26), **Kelly McDonald** (June 28), **Nicole Nolte** (Aug. 4), **Janet Oezer** (June 17), **Elise Pereira** (Sept. 17), **Barbara Stevens** (June 16), **Susan van Inwegen** (July 4), and **Margaret Whitsell** (June 9).

A special congratulations on longtime MWC member **Peg Scott-Fleming** on her upcoming 90th birthday!

Congratulations to MWC member **Carol Cohn** on her current art show **Three Voyages While Standing Still** on display at the Academy Square Gallery, 33 Plymouth Street, Montclair through Sept. 7th. Carol was also featured on Voice America's *The Art of Divorce: How One Woman Transformed Her Life.*

Love people? Looking to get more involved and connected? You could be our next Membership Chair! We are looking for volunteers to help coordinate membership initiatives and outreach. Contact Carol Schlein at carolschlein@yahoo.com to volunteer or nominate someone you think would be great!

Know someone who could use some MWC cheer? Drop a note to our new corresponding secretary Susan Hallman at sjhallman@verizon.net.

Know someone who would benefit from the supportive community that MWC offers? Please forward this email and invite them to our upcoming Open House! All are welcome (and yes that means guys too)!

News from the NJ State Federation of Women's Clubs

The full **Liberty District Meeting** will be held on **Sept. 26th** at **Summit Partnightly Club** in Summit. Registration begins at 5:45pm and the meeting starts at 6:30PM. If you would like to attend, please email Carol Schlein at carolschlein@yahoo.com by Sept 17th.

For a full listing of the Federation dates for the year, so you can mark them on your calendar, click here. **All district and state activities are open to any MWC member who wishes to attend** and consist of several district meetings across the year as well as participation in the MLK Day of Service, Fall and Spring State Conventions, and the various Arts Achievement Days. A great way to network and explore what other clubs in the state are doing!

For more info on what the Federation is up to across the state and how you can get involved, access the Announcer and other materials at the links below:
NJ State Federation of Women's Clubs
Monthly Announcer and Newsletter
General Calendar of Women's Clubs

Montclair Women's Club
82 Union Street, Montclair NJ 07042
MWC is a dedicated to helping members achieve their full potential through active engagement and service in the community. For info on membership, programs, and club house rentals, visit
www.themontclairwomensclub.com

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